

Lewis Mehl-Madrona, M.D., Ph.D.

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Current Positions: Physician, Acadia Psychiatric Hospital, Bangor, ME
Physician, Family Medicine Residency, Eastern Maine Medical Center, Bangor, ME

Education:

<u>Date</u>	<u>Institution</u>	<u>Degree</u>
2015-Present	University of Maine, Orono, ME	Ph.D. Candidate
2015	Sitting Bull College, Fort Yates, ND	Coursework
2005-2008	Epidemiology Coursework, University of Saskatchewan	Coursework
2004-2007	Narrative Psychology, Department of Psychology, University, Palmerston North, New Zealand	Post-graduate Diploma
2003-2005	Biostatistics and Systems Engineering	Coursework
1988-1990	University of Arizona	Coursework
1977-1980	Clinical Psychology, Psychological Studies Institute, Palo Alto, CA	Ph.D.
1972-1975	Stanford University School of Medicine	M.D.
1970-1972	Indiana University, Bloomington, IN	B.A.
1968-1970	Miami University, Oxford, OH	Coursework

Postdoctoral Training:

<u>Date</u>	<u>Institution</u>	<u>Specialty</u>
1994-1996	University of Vermont, Burlington	Psychiatry
1992-1993	University of Vermont, Burlington	Family Medicine
1991-1992	University of Texas Hospitals, Houston	Family Medicine
1990-1991	U.C. at Berkeley Public Health and Prevention Research Center, Berkeley, CA	Alcohol Research (Fellowship)
1982-1982	St. Mary's Hospital, San Francisco, CA	Psychiatry
1976-1977	University of Wisconsin, Madison	Psychiatry
1975-1976	University of Wisconsin, Madison	Family Medicine

Licensure and Certification:

<u>Date</u>	<u>Licensure/Certification</u>
1999-2029	Diplomate in Psychiatry, American Board of Psychiatry and Neurology
1993-2028	Diplomate in Family Medicine, American Board of Family Medicine
1996-2030	Added Qualifications in Geriatric Medicine American Boards of Family Medicine and Internal Medicine
2013-Present	Maine State Medical License, M.D.
1996-Present	Hawaii State License, M.D.
1992-Present	New York State License, M.D.
1991-Present	Vermont State License, M.D.
1977-Present	California State Licensure, M.D.
2014-2021	Diplomate in Integrative and Holistic Medicine, American Board of Integrative and Holistic Medicine
2005-2010	Provisional Provincial Medical License, Saskatchewan, M.D.

2002-2008	Arizona State License, M.D.
1997-2009	Pennsylvania State License, M.D.
1988-1999	New Mexico State License, M.D.
1985-1990	California Psychologist License, Ph.D.
1976-1978	Wisconsin State Licensure

Academic Appointments:

<u>Date</u>	<u>Academic Title</u>	<u>Institution</u>
2022- Present	Preceptor, Inpatient and Outpatient Medicine	Eastern Maine Health Systems
2000- Present	Adjunct Professor	Department of Sociology and Anthropology, Johnson State College, Johnson, VT
2017- Present	Clinical Assistant Professor of Psychiatry	University of Vermont College of Medicine
2014- Present	Clinical Associate Professor of Family Medicine	University of New England College of Osteopathic Medicine Bangor Campus and Biddeford Campus, ME
2019- 2023	Graduate Faculty (Instructor) in Medical Arts and Humanities, Intermedia Dept.	University of Maine at Orono
2015- 2022	Faculty, Eastern Maine Family Medicine Residency Bangor, Maine	Eastern Maine Health Systems
2013- 2015	Director, Geriatric Medicine Fellowship and Faculty, Family Medicine	Dartmouth-Maine Family Medicine Residency in association with Department of Family and Community Medicine, Dartmouth University School of Medicine, Hanover, NH
2013- 2015	Adjunct Faculty	Union Institute & University Brattleboro, VT
2010- 2013	Core Faculty and Director of Research	Department of Psychology
2008-2011	Clinical Assistant Professor	Department of Family Medicine, University of Hawaii School of Medicine, Honolulu, HI
2005-2010	Associate Professor	Department of Family Medicine, Psychology, Graduate Studies, and Psychiatry, University of Saskatchewan, Saskatoon, Canada
2004-2005	Assistant Professor	Department of Psychiatry, University of Arizona College of Medicine
2001-2004	Research Lecturer	Department of Medicine, University of Arizona College of Medicine
1997-2002	Clinical Assistant Professor	University of Pittsburgh School of Medicine, Department of Family Practice and Epidemiology, Pittsburgh, PA
1997-2000	Research Assistant Professor	Native American Research and Training Center, University of Arizona
1996-1997	Associate Professor	Department of Family Practice, University of Hawaii
1992-1996	Research Assistant Professor	Department of Psychiatry University of Vermont College of Medicine, Burlington, VT
1990-1992	Research Assistant Professor	Native American Research and Training Center, University of Arizona

1988-1990	Research Lecturer	Department of Family and Community Medicine, University of Arizona College of Medicine
1982-1989	Clinical Assistant Professor	Division of Family Medicine, Department of Medicine, Stanford University School of Medicine Stanford, CA

Hospital Appointments:

<u>Date</u>	<u>Hospital Title</u>	<u>Institution</u>
2017-Present	Attending Psychiatrist	Mercy Hospital, Portland, ME
2017-Present	Attending Psychiatrist	The Aroostok Medical Center, Presque Isle, ME
2017-Present	Attending Psychiatrist	Sebasticook Valley Hospital, Pittsfield, ME
2015-Present	Attending Physician	Family Medicine (including OB) and Psychiatry, Eastern Maine Medical Center, Bangor, ME
2015-Present	Attending Psychiatrist	Acadia Hospital, Bangor, ME
2013-2016	Attending Physician	Family Medicine (including OB) and Psychiatry, Maine General Medical Center, Augusta, ME
2011-2016	Affiliate Medical Staff	Brattleboro Memorial Hospital, VT
2011-2013	Attending Physician (Internal Medicine)	Brattleboro Retreat, Brattleboro, VT
2010-2011	Attending Physician	Department of Psychiatry, Rochester General Hospital, Rochester, NY
2005-2010	Attending Physician	Department of Psychiatry, Athabaskan Health Region and Hospital, Stony Rapids, Saskatchewan (through Northern Medical Services)
2005-2010	Attending Physician	Department of Family Medicine and Department of Psychiatry, Saskatoon Health Region, Saskatoon, Saskatchewan, Canada, (Royal University Hospital, St. Paul's Hospital, Saskatoon City Hospital)
2005-2010	Attending Physician	Department of Family Medicine and Department of Psychiatry, Saskatoon Health Region, Saskatoon, Saskatchewan, Canada, (Royal University Hospital, St. Paul's Hospital, Saskatoon City Hospital)
2004-2005	Attending Physician	Department of Psychiatry, University Physicians Hospital, Tucson, AZ
2000-2003	Attending Physician	Department of Family Medicine, Beth Israel Hospital, New York, NY
1997-2003	Attending Physician	Department of Family Practice, Department of Emergency Medicine, Department of Psychiatry, University of Pittsburgh, Shadyside Hospital, Pittsburgh, PA
1996-1997	Attending Physician	Wahiawa General Hospital, Wahiawa, HI (Practice and Psychiatry privileges)

1992-1996	Emergency Physician	Champlain Valley Physicians Hospital, Plattsburgh, NY
1992-1996	Emergency Physician	Northwestern Medical Center, St. Albans, VT
1991-1997	Emergency Physician	Southeastern New Mexico Emergency Physicians, postings to: Eastern New Mexico Hospital, Roswell, NM Holy Cross Hospital, Taos, NM Clovis High Plains Hospital, Clovis, NM Lea Regional Hospital, Hobbs, NM
1982-1986	Emergency Physician	Yolo County Medical Center, Woodland, CA Davis Community Hospital, Davis, CA
1981-1985	Medical Staff and Emergency Physician	Kaiser Hospital, Sacramento, CA
1977-1983	Medical Staff, Department of General Practice	Mt. Zion Hospital, San Francisco, CA
1976-1977	Emergency Room Physician	St. Joseph's Hospital, Milwaukee, WI

Professional Appointments: (non-profit, professional society, and editorial)

<u>Date</u>	<u>Title</u>	<u>Organization</u>
2008-Present	Founder, Board Chair, Executive Director	Coyote Institute, Orono, Maine
2016-Present	Medical Consultant	Wabanaki Health and Wellness, Bangor, ME
2009-Present	Member and Reviewer, Editorial Board	Permanente Medical Journal
2009-Present	Reviewer, Editorial Board	Journal of Complementary and Alternative Medicine
2014-2018	Member, Board of Directors	International Association for Integrative Mental Health
2014-2018	Member, Board of Directors	Maine Dirigo Geriatrics Association
2010-2018	Member, Board of Directors	International Integrative Mental Health Association
1996-2020	CAM Caucus Member	American Psychiatric Association
1980-1998	Executive Director and Board Member	Resources for World Health, San Francisco, CA and Tucson, AZ

Major Committee Assignments and Consultations:

National/International:

<u>Date</u>	<u>Committee</u>	<u>Institution</u>
2010 – 2016	Board of Directors	International Integrative Mental Health Association
2008 – 2010	Committee on Aboriginal Health and Medical Education	Association of Canadian Universities
2007 – 2009	Residency Training Revision Committee	Royal College of Physicians and Surgeons of Canada
1992 - 1993	Board of Directors	Pre- and Perinatal Psychology Association

Regional:

<u>Date</u>	<u>Committee</u>	<u>Institution</u>
2014 – 2020	Board of Advisors	SAGE (Geriatrics Society), Woodstock, NY
2013 – 2018	Board of Directors	Dirigo Maine Geriatrics Society
2006 – 2009	Mental Health Awareness Task Force of the Northern Health Strategies	Prince Albert Grand Council, Sask.

Institutional:

<u>Date</u>	<u>Committee</u>	<u>Institution</u>
2016 – 2022	Geriatrics Committee	Eastern Maine Medical Center
2015 – 2018	Medical Executive Committee	Acadia Hospital, Bangor
2014 – 2015	Ethics Committee	Maine General Medical Center
2012 – 2014	Institutional Review Board	Union Institute & University
2013 – 2015	Education Committee	Maine Dartmouth Fam. Med.
2013 – 2015	Long Committee	Maine Dartmouth Fam. Med
2014 – 2015	Geriatrics Steering Committee	Maine General Med. Ctr.
2009 – 2010	Evaluation Committee Chair	Argosy University Hawaii
2009 – 2010	Student/Staff Satisfaction Committee	Argosy University Hawaii
2006 – 2009	Admissions Committee	University of Saskatchewan College of Medicine
2006 – 2010	Aboriginal Affairs Committee	University of Saskatchewan College of Medicine
2005 – 2010	Committee on Visible Minorities	University of Saskatchewan College of Medicine

Awards and Honors:

<u>Date</u>	<u>Award</u>
March 2018	Elected, Distinguished Fellow of the American Psychiatric Association
March 2016	Physician of the Year Award, Acadia Hospital
February 2016	Science Educator of the Year Award, International Hypnosis Federation
October 2008	Annual “Honored Scholar” for the Society for the Anthropology of Consciousness, annual meeting of the American Anthropology Association, San Francisco.
September 2008	Legislative Proclamation of Acknowledgement, City of Kansas City, Missouri, for work with Native people
November 1999	David Cheek Award for Lifetime Contributions in Perinatal Psychology, Association for Pre- and Perinatal Psychology, 1999.
1994-1995	PGY4 Representative to Residency Training Committee, University of Vermont, Department of Psychiatry, 1994-95.
October 1994	Cover photo and story, Archives of Family Medicine.
July 1993	American Academy of Family Practice, Excellence in Research as a Family Practice Resident Award
August 1993	Best workshop presentation, Society of Teachers of Family Medicine, NE regional

meeting, Akron, Ohio, 1993.
1976-1977 American Psychiatric Association/National Institute of Mental Health Minority Fellowship Award

Major Research Interests:

I am interested in mind-body-spirit-environment interactions within complex systems from a narrative framework, especially in terms of producing and maintaining health and disease. Being Native American (aboriginal), I am especially interested in cross-cultural studies and how culture as context embeds health and illness within it. I am interested in mathematical computer modeling as a means of integrating information in medicine and biology, aiding clinical decision making, and improving patient care and treatment evaluation. Regarding treatments, I am interested in how human systems and interactions change disease, and in how spirituality affects health and wellbeing. Within this context, I try to approach topics from an indigenous perspective, asking, how would indigenous people pursue this research topic if it had arose solely within their perspective.

I have received grant money from the American Foundation for Maternal and Child Health, New York; FGN, Inc., Tucson, Arizona; HCA, Inc., Nashville, TN; the California State Health Department; multiple private donors; Shadyside Foundation; Richmond Foundation; Audrey Hillman Fisher Foundation; Ladies Hospital Aide Society of Pittsburgh; Department of Defense; U.S. Steel, Dorrance Family Foundation, Beckwith Foundation, Crocker Family Foundation, Maine Community Foundation, Eastern Maine Medical Center Foundation, Foundation for Excellence in Mental Health I have been co-investigator on NIH grants. I have worked on others' grants from NIDA, NIMH, NIH.

Research Funding:

1. Mehl-Madrona (PI) 2005-2006 \$25,000
University of Saskatchewan Faculty Development
Shared Care between Family Physicians and Psychiatrists for Mental Health.
Specific Aim: This grant provides start up funds to develop a clinic with family medicine and psychiatry residents for combined attention to medical and psychiatric problems of people identified with mental illness.
2. Mehl-Madrona (Coordinator) 2002-2005 \$2,500,000
NIH Center for Biofield Sciences, awarded to Gary Schwartz, Principal Investigator Center Grant for Frontier Medicine in Biofield Sciences, Department of Psychology, University of Arizona
Specific Aims: The Center consists of three major projects, one examining the role of therapeutic touch on bacterial cultures, one examining the neurophysiology of energy transmission and receiving among humans, and the third studying the effects of Johrei healing upon recovery from coronary artery bypass surgery. I was a coordinator for this third study.
3. Mental Health Disparities 2005-2009 \$800,000
I was co-investigator (representing psychiatry) on a CIHR grant awarded to Lewis Williams, PhD, of the Prairie Regional Health Promotions Centre at the University of Saskatchewan for investigating mental health disparities among reserve and immigrant populations,
4. I was a co-investigator for a CIHR Research Team Development grant awarded to Dr. Raymond Tempier of the Department of Psychiatry at the University of Saskatchewan, for \$100,000, where my expertise in aboriginal mental health and interventions, 2007-2009.

5. Crocker Family Foundation, \$35,000, for developing indigenous health initiatives, 2009-2011.
6. Government of Australia, Aboriginal Health Unit, \$250,000, in conjunction with the Gippsland and East Gippsland Aboriginal Cooperative and Life Is... Foundation, Cultural Exchange Programming for Gippsland's Aboriginal People and Health Care Providers, 2010-2012.
7. Co-Investigator with Jaro Kotalik, MD, on Canadian Institute for Health Research team development grant in aboriginal, geriatric ethics, 2013, \$150,000.
8. Principle Investigator, Gorman Foundation grant, Group Medical Visits for Mild Cognitive Impairment, \$12,500, 2013-2014.
9. Co-Investigator with Coyote Institute, Eastern Australia Clinical Health, and Life Is... Foundation, \$50,000, Aboriginal Mental Health Trainings and Initiatives, Victoria, Australia, 2013-2014.
10. 2016 – 2018, American Academy of Family Practice, \$50,000, Grant to Jessica Bloom-Foster, My role: Co-Investigator. Assessment of brief mindfulness training for opiate use disorder patients receiving medication assisted treatment.
11. 2017 – 2020, Foundation for Excellence in Mental Health, \$346,500, Principle Investigator, Efficacy of Micronutrients as adjunct therapy for bipolar disorder. Specific Aims: Determine if improved nutrition through micronutrient and fish oil supplementation can reduce symptom load in bipolar disorder while allowing maintenance medication doses to be decreased, with fewer side effects.
12. 2018 – 2021, National Institute of Drug Abuse, \$1,000,000, Principle Investigator, Dr. Ben Huerth, My role: Co-Investigator, Development of telemedicine supervised medication assisted treatment programs for Maine's indigenous opiate use disorder patients.
13. Large website (grant funded) on integrative therapies for children's neurodevelopmental disorders, accessible at www.healing-arts.org/children.

Teaching Experience:

2019 to present	Teaching seminars for graduate students in arts and medical humanities, University of Maine, Orono
2015 to present	Teaching online courses for Coyote Institute Narrative Studies Programs
2015 to present	Residency Faculty, Eastern Maine Medical Center Family Medicine Residency, Bangor, Maine
2014 to present	Associate Professor of Family Medicine, University of New England College of Osteopathic Medicine, Bangor Campus and Biddeford, Maine, teaching family medicine and psychiatry.
2013 - 2016	Adjunct Faculty, Union Institute & University, Brattleboro, Vermont, co-teaching statistics, biological basis of behavior, and supervising dissertation research.
2013 - 2015	Director, Geriatric Fellowship, teaching medical students, residents, and fellows

- regarding geriatric medicine, including students from Dartmouth, along with general family medicine teaching (outpatient, inpatient, obstetrics, psychiatry).
- 2009 - 2013 Core Faculty, Union Institute & University, Brattleboro, Vermont, Clinical Psychology, teaching courses in statistics, dissertation research, research design, biological basis of brain and behavior, clinical hypnosis, professionalization, and supervising dissertation research.
- 2009 - 2010 Argosy University Honolulu: Classes in Statistics, Quantitative Methodology, Neuropsychological Assessment, Psychopharmacology, Advanced Statistics, Cognitive-behavioral therapy, Clinical hypnosis, and Narrative Psychotherapy.
- 2009 - 2010 Clinical Faculty, University of Hawaii School of Medicine, Research supervision and outpatient precepting.
- 2008 - 2011 Southwestern College, Santa Fe, New Mexico; Director, Program in Community-Based, Cross-Cultural Health and Healing (on-line, Master's level, certificate program); Teaching classes in Indigenous Models of Mind and Mental Health, Indigenous-Friendly Therapies, Indigenous Ethics, Cross-Cultural Medicine.
- 2005 - 2009 University of Saskatchewan: Political Science 302 (Indigenous Knowledge Systems); Psychology 380 (Traditional Cultural Healing), Psychology 480 (Aboriginal Models of Mind and Mental Health), Medical Student Interviewing, Physical Diagnosis; supervision of family medicine and psychiatry residents and medical students, mentoring of first year medical students.
- 2002 - 2005 Teaching of medical students and residents, University of Arizona, Department of Psychiatry, Inpatient Psychiatry and teaching Integrative Medicine.
- 1997 - 2000 Complementary Medicine to medical students, nursing students, and residents in medicine, family practice and psychiatry, University of Pittsburgh
- 1997 - 2018 Adjunct Faculty in Sociology and Anthropology, Johnson State College, Johnson, Vermont
- 1996 Inpatient attending, Family Practice Inpatient Service, University of Hawaii with lectures on inpatient medicine and obstetrics and pediatrics topics; outpatient preceptor.
- 1988 Statistics and Research Methods, Antioch University, San Francisco
- 1986 - 1988 Neuropsychology, Antioch University, San Francisco and Rosebridge Institute, Walnut Creek, CA
- 1983 - 1987 Ethnic Issues in Health Care and Behavioral Medicine, Stanford University School of Medicine
- 1980 - 1987 Psychosomatic Medicine, California Institute of Integral Studies, San Francisco, Rosebridge Institute, and Psychological Studies Institute, Palo Alto.
- 1980 - 1986 Native American Medicine and Ethnopharmacology, Stanford University.
- 1980 - 1984 Psychopharmacology, Neuropsychology, Quantitative Methods, Rosebridge Institute.

Previous Teaching Appointments:

Clinical Assistant Professor, Department of Family Medicine, University of Hawaii School of Medicine, Honolulu, 2008-2011.

Associate Professor, Department of Family Medicine, Psychology, Graduate Studies, and Psychiatry, University of Saskatchewan, Saskatoon, Canada (2005 - 2009).

University of Arizona College of Medicine
 Research Assistant Professor (1990-1992; 1997-2000)
 Research Lecturer (1988-1990) Department of Family and Community Medicine, and
 Research Lecturer (2001-2004) Department of Medicine, and
 Assistant Professor of Clinical Psychiatry (2004-2005)

Clinical Assistant Professor (1997-2002)
 University of Pittsburgh School of Medicine
 Department of Family Practice and Epidemiology
 Pittsburgh, PA

Research Assistant Professor (1992-1996)
 Department of Psychiatry
 University of Vermont College of Medicine
 Burlington, Vermont

Associate Professor (1996-1997); Clinical Assistant Professor (2008 - 2010)
 Department of Family Practice
 University of Hawaii School of Medicine
 Honolulu, Hawaii

Clinical Assistant Professor (1982-1989)
 Division of Family Medicine
 Department of Medicine
 Stanford University School of Medicine
 Stanford, California

Theses Supervised:

- Dissertations from 1975-1985, Psychological Studies Institute, California School of Professional Psychology, California Institute of Integral Studies, Saybrook Institute, Fielding Institute, Antioch University, most centered on mind-body inter-relations in health and disease.
- Ph.D. Thesis, Richelle Gibson, Pacifica Graduate School, Depth Psychological Evaluation with Reflexive Methodology, 2009.
- Psy.D. Clinical Research Project, Automatic Thoughts and Obesity, Michael Pickren, Arogys University, 2010.
- Ph.D., Education, Ontario Institute for the Study of Education, University of Toronto, Rene Linklater, Indigenous Elders and their Approaches to Healing in a Modern World, 2011.
- Psy.D. Dissertation, Joseph Behler, Union Institute & University, Qualitative Study of Peer-Support Groups for Persons with Mood Disorders, 2012.
- Psy.D. Dissertation, Michele Croce, Aging Out of Foster Care: What happens to these youth?, Union Institute & University, 2013.
- Psy.D. Dissertation, Joanna Prococcina, Training teachers to recognize ADHD/ADD in elementary school populations, Union Institute & University, 2013.
- Psy.D. Dissertation, Renee Desmarais, Evaluation of a Role for Reiki in preventing therapist burn-out in community mental health, Union Institute & University, 2014, in process.
- Psy.D. Dissertation, Julie Aste, Effect of exposure to patient illness narratives and training in narrative competency on family medicine resident's perception of difficult patients, Union Institute & University, 2014, in process.

- Psy.D. Dissertation, A.J. McConnell, Effects of having a neurodevelopmentally challenged child on parent's quality of relationship and agreement in parenting practices, Union Institute & University, 2014, in process.
- Psy.D. Dissertation, Tayeba Seikh, Autoethnographic and qualitative investigations of attitudes toward honor killings among Islamic-American first-generation women. 2014, Union Institute & University.
- Ph.D. Dissertation, Brian Spittles, Philosophical Foundations of Psychiatry, University of Western Australia, Perth, 2018.

Selected Invited Presentations:

Regional:

<u>Date</u>	<u>Topic</u>	<u>Organization</u>
October 2014	Teaching Healing within Family Medicine Residencies	Maine-New Hampshire Family Medicine Residencies Lewiston, ME
June 2014	Narrative and Native Americans	Rhode Island Black Storytellers Association Providence, RI
June 2014	Cherokee Osteopathy	Oklahoma Massage Therapy Association Norman, OK
2014 - Present	Course on Cherokee Osteopathy	Kripalu Center for Health and Healing Lenox, MA 1440 Multiversity, Scotts Valley, CA University of New England College of Osteopathic Medicine, Biddeford, Maine
2009 - Present	Various trainings in narrative studies medicine, psychology, and healing	Coyote Institute, Hartford, CT; Warwick, RI Woodstock, NY; New York, NY; Portland, ME
2009 - 2014	Native American healing principles applicable to all peoples; Cherokee Body Work	Kripalu Institute, Lenox, MA
2017 - 2018	15 month course on North American indigenous bodywork	Center for the Advanced Studies of the Therapeutic Arts, New York, NY
Feb. 2020	Narrative Therapy for Indigenous Youth who have attempted suicide	Coyote Institute, New York, NY

National:

<u>Date</u>	<u>Topic</u>	<u>Organization</u>
Jan. 2020	Effects of age of the interviewer on the life story interview among geriatric patients in chronic pain	The Qualitative Research Conference Nova University SE, Ft. Lauderdale, FL
2012 - 2015	Narrative Hypnosis for Pain Management	American Psychiatric Association Annual Meetings
Sept 2014	Psychosis, Extraordinary States, Dementia, and Consciousness	International Society for the Scientific Study of Shamanism, San Rafael, CA
May 2014	Hypnosis for Chronic Pain Native American Ideas about Mental	American Psychiatric Association Annual Meeting, New York, NY

	Health: Implications for Therapist Training Using Elders as Peer Counselors in Native American Mental Health	
Oct. 2012	Symposium on Cross-Cultural Psychiatry and North American Indigenous People, Symposium on Psychotherapy and Psychosis, and Presentations on Psychotherapy and Bipolar Disorder and Integrating Osteopathic Medicine with Narrative Guided Imagery	Institute for Psychiatric Services of the American Psychiatric Association, Annual Meeting, New York, NY
Feb. 2012	Medical Writers and the Healing Power of Narrative	American Institute of Medical Education, annual meeting, Santa Fe, NM
Oct. 2011	Psychotherapy and Bipolar Disorder Integrating Osteopathic Medicine with Narrative Guided Imagery	Institute for Psychiatric Services, San Francisco, CA
Oct. 2011	Medical Writers and the Healing Power of Narrative	American Institute of Medical Education Annual Conference, Boston, MA
May 2011	Hypnosis for Pain Management	American Psychiatric Association annual Meeting, Honolulu, Hawaii
Feb. 2010	Narrative Psychiatry	American Institute of Medical Education, Santa Fe, NM
Dec. 2009	Healing the Mind through the Power of Story: the promise of Narrative Psychiatry; and Narrative Medicine in Practice (Post- Conference Workshop)	National Institute for the Clinical Application Behavioral Medicine, Hilton Head, SC
Jan. 2009	Psychotherapy within Traditional Indigenous Cultures	American Institute of Medical Education Kona, HI
Feb. 2009	Native American Cultural healing	American Institute of Medical Education, Santa Fe, NM
March 2009	Reducing child and sexual abuse in Native American communities	Lummi Indian Nation, Bellingham, WA
April 2009	Reducing Health Disparities for Native Americans	University of Oregon Multicultural Center, Portland, OR
Aug. 2009	Narrative Psychotherapy and its applications to Indigenous populations	American Institute of Medical Education Santa Fe, NM
May 2009	Narrative Psychotherapy	American Psychiatric Association annual meeting, San Francisco, CA
Oct. 2009	Talking circles and healing circles; Using traditional elders to help reduce domestic violence in aboriginal communities	Collaborative Family Health Care annual conference, San Diego, CA

International:

<u>Date</u>	<u>Topic</u>	<u>Organization</u>
March 2022	Predicting and Preventing Cognitive Decline	International Dementia and Parkinson's Disease Conference, Barcelona, Spain

Oct. 2021	Teaching Residents Psychiatric Diagnosing and Prescribing	World Psychiatry Association annual mtg;	
Nov. 2020	Narrative Medicine for Family Doctors	Bangkok, Thailand	
Oct. 2020	Micronutrients and Bipolar Disorder	Danish G.P. Society; Copenhagen, Denmark	
Oct. 2020	Narrative Medicine Training For Family Doctors	International Society for Nutrition Psychiatry; London, England	
March 2019	Reading a life story interview improves the doctor-patient relationship for both parties among people with chronic pain.	National Health Service; Cumbria, UK	
March 2019	Using Research Domain Criteria to teach family medicine residents how to prescribe psychiatric medications.	European Psychiatry Association	Warsaw, Poland
March 2019	Results of using a narrative therapy approach with North American indigenous people who have attempted suicide.	European Psychiatry Association	Warsaw, Poland
July 2014	Narrative Experiential Therapy For Psychosis	Recovery International and the University of Leeds	Leeds, UK
July 2014	Cherokee Osteopathy	Aberdeenshire Osteopathic Association	Inverurie, Scotland
June 2014	Chair, Symposium: Bringing Narrative Practices for Geriatrics Into Primary Care Presentation: Narrative Means For Meaning Making at the End of Life Chair, Symposium: Narrative Methods pain management Presentation: Group Medical Care in a narrative framework for pain Presentation: Epistemological and Ontological comparisons of narrative Inquiry and Grounded Theory	University of Paris-Diderot and The American University-Paris: Narrative Matters Conference	Paris, France
May 2014	Update on Narrative Psychotherapy	Life Is... Foundation Workshop	Canterbury, Victoria
May 2014	Narrative means for suicide Prevention in aboriginal Communities	Life Is... Foundation Workshop	Canterbury, Victoria, Australia
May 2014	Elders as “peer” counselors for “at-risk” youth Suicide Prevention in Aboriginal Communities Strategies for incorporating Culture into health care	EACH Social and Community Health Organization Aboriginal Mental Health Conference	Melbourne, Australia

May 2014	Strategies for using Elders in Mental Health Services Integrative Management of Memory Impairment	Department of Psychiatry University of Melbourne Grand Rounds Workshop for Residents and Faculty	Victoria Australia
Jan. 2014	Course on Principles of Native American Healing	Omega Institute; Nasera, Costa Rica	
March 2013	Lecture and workshop on implementing narrative medicine into primary care	Danish General Practice Association, Doctor Days, Copenhagen, Denmark	
August 2013	Presentations and workshops on dialogic approaches to voices, creative arts, and techniques from theatre in the psychotherapy of psychosis, and aboriginal understanding of psychosis	International Society for the Psychotherapy of Psychosis, Warsaw, Poland	
Sept. 2013	Workshop on narrative therapy in primary care	General Practitioner Psychotherapy Group Cumbria, U.K.	
Nov. 2013	Plenary presentations on narrative approaches to voice management, dialogical therapy, aboriginal approaches to interpreting and managing voices	International Hearing Voices Conference Melbourne, Australia	
March 2012	Indigenous approaches to voices and visions: integrating dialogical therapy with neuroscience and traditional healing	Victoria Hearing Voices Conference, Praham Missions and Voices Vic Melbourne, Australia	
March 2012	Narrative and Indigenous Approaches to Empowering Youth.	Mission Australia Youth Forum Sydney, Australia	
Nov. 2011	Neuroscience of Narrative	Medical University of Debrecen Debrecen, Hungary	
Nov. 2011	Indigenous approaches to fetal alcohol syndrome	Manitoba Council of Indian Friendship Centers, Fetal Alcohol Syndrome Conference Winnipeg, Manitoba	
March 2010	Lectures on indigenous ethics, narrative medicine and psychiatry, and the contributions of indigenous health philosophies to health care	Northern Ontario School of Medicine and Lakehead University, Thunder Bay, Ontario	

Bibliography:

Books Published

1. Mehl, L.E. and Peterson, G.H. (1984). *Pregnancy as Healing: holistic philosophy for prenatal care.* Berkeley, CA: Mindbody Press.
2. Mehl, L.E. and Peterson, G.H. (1985). *Cesarean Birth: Risk and Culture, volumes 1 and 2.* Berkeley: Mindbody Press.
3. Mehl, L.E. (1986). *Mind and Matter: Holistic approaches to chronic disease.* Berkeley: Mindbody Press.

4. Mehl-Madrona, L.E. *Coyote Medicine: Lessons for Healing from Native America*. New York: Simon and Schuster, February, 1997; Paperback; Firestone, 1998.
5. Mehl-Madrona LE. *Coyote Healing: Miracles of Native Medicine*. Rochester, VT: InnerTraditions/Bear and Co, 2003.
6. Mehl-Madrona L. *Coyote Wisdom: Storytelling and Healing Wisdom*. Rochester, VT: InnerTraditions/Bear and Co., 2005.
7. Mehl-Madrona L. *Narrative Medicine: the use of history and story in the healing process*. Rochester, VT: InnerTraditions/Bear and Co., 2007.
8. Mehl-Madrona L. *Healing the Mind through the Power of Story: the Promise of Narrative Psychiatry*. Rochester, VT: InnerTraditions/Bear and Co, 2010.
9. Mehl-Madrona L, Mainguy, B. *Remapping the Mind: The Neuroscience of Self-Transformation through Story*. Rochester, VT: InnerTraditions/Bear and Co., 2015.
10. Mehl-Madrona, L. (2008). *La médecine narrative: raconte-moi la guérison*. Le Grand livre du mois.

Papers in Non-Refereed Journals

1. Mehl, L.E.(1990). In Search of Pele on Hawaii, *Tucson Lifeline*, March.
2. Mehl, L.E. (1990). Bioenergy Healers in Yugoslavia. *Tucson Lifeline*, October.
3. Mehl, L.E. (1991). The Healing Power of Ritual. *East-West Journal*, June issue.
4. Mehl-Madrona L. (1996). Coyote Medicine: Lessons from Native America for conventional health care. *Healthy and Natural*. October issue.
5. Mehl-Madrona L. (1997). Call Me Coyote. *Natural Health*, April issue.
6. Mehl-Madrona L and Samson W. (1998). Alternative Medicine under the Microscope: A debate. *Natural Health*, April issue
7. Mehl-Madrona L. (2004). Autism. *Mothering Magazine*
8. Mehl-Madrona L. (2008). Hypnosis and Birth. *Mothering Magazine*.
9. Mehl-Madrona L. (2008). Traditional North American healing methods. *The Art of Healing* (Australia).
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22. Mehl-Madrona L. (2003). A computer model to predict the course of metastatic cancer. *Human Systems Engineering* Aldin-Liss Publications, Amsterdam, The Netherlands.
23. Mehl-Madrona L. (2004). Integrative Psychiatry. *Integrative Medicine*. New York: McGraw Hill.
24. Mehl-Madrona L, Schiller R. (2004). Integrative Geriatric Medicine. *Integrative Medicine*. New York: McGraw Hill.
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36. Mainguy, B. Mehl-Madrona, L. (2013). Culture as Medicine. *Social Issues in Contemporary Native America*, Farnham, Surrey, UK: Ashgate Press.
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38. Mehl-Madrona, L., & Mainguy, B. J. (2016). North American Indians, connectivity and human ecology. *Radical Human Ecology* (pp. 205-220). Routledge.
39. Mehl-Madrona, L., & Mainguy, B. (2016). Culture is medicine that works. *Social Issues in Contemporary Native America* (pp. 187-202). Routledge.
40. Mehl-Madrona, L., & Mainguy, B. (2018). Mental disabilities in an aboriginal context. *All My Relations: Understanding the Experiences of Native Americans with Disabilities* (pp. 62-77). Routledge.
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Technical Reports Relevant to Academic Field (Presented at International Meetings)

1. Mehl-Madrona L. Systems Dynamics Computer Simulation Modeling for Predicting Risk for Childbirth. Proceedings of the IASTED International Conference: Modeling, Simulation, and Control, Innsbruck, Austria, Vol. II, Feb. 19-22, 2001, pp. 575-578, Calgary: ACTA Press, 2001.
2. Mehl-Madrona, L. (2001) Use of a computer simulation model to predict the course of colon polyps among susceptible patients. In: Hamza MH (ed). Proceedings of the IASTED International Conference – Artificial Intelligence and Soft Computing. May 21-24, 2001, Cancun, Mexico. Anaheim: ACTA Press, pp. 438-441.
3. Mehl-Madrona, L. (2001) Systems dynamics for preventing coronary artery disease and myocardial infarction. In: Hamza MH (ed). Proceedings of the IASTED International Conference

- Applied Simulation and Modeling. September 4-7, 2001, Marbella, Spain. Anaheim: ACTA Press, pp. 171-175.
4. Mehl-Madrona L, Jaffe R. (2002). Systems dynamics computer simulation program to predict the course of diabetes. In: Hamza MH (ed). Proceedings of the IASTED International Conference – Applied Simulation and Modeling. February 18-22, Innsbruck, Austria. Anaheim: ACTA Press, pp. 171-175.

Artistic Exhibitions and Performances:

Assorted teaching audiotapes and videotapes on hypnosis techniques, 1978-present.
 May 2008, American Academy of Guided Imagery, Web-based Conference, Imagery for Pain, and Techniques for Dialogue with the Spirit of an Illness.
 February 2009, Coyotemedicinetv on youtube – sample interviews and lectures.
 July 2011, Sounds True, Boulder, CO, 6 CD set on Native American Healing

Professional Practice:

Clinical Skills:

I have worked extensively as a general family physician, including obstetrics (more than 1000 deliveries) and as an emergency room physician. I have done emergency room work at high volume urban centers (St. Joseph's Hospital, Milwaukee; Kaiser Hospital, Sacramento, University of Pittsburgh Medical Center) and in very rural settings in New Mexico and California. I have practiced hospital consult-liaison psychiatry since completion of my psychiatry residency in 1996. Procedures that I teach include intubation, chest tube insertion, central line placement, flexible sigmoidoscopy, treadmill testing, colposcopy, ultrasound and minor surgery. I am trained in ECT and transcranial magnetic stimulation. A major clinical interest is in behavioral medicine, where I have skills in hypnosis, biofeedback, family therapy, biofeedback, physical medicine procedures (therapeutic massage, neuromuscular re-education, manipulation, trigger point injection, acupuncture, therapeutic exercises, etc.), and group therapy. I am a student of Native American medicine and ethno-pharmacology.

Consulting Experience:

Consultation to hospitals and medical groups about starting and operating complementary medicine programs.

Consulted to health care facilities on improvement of health effectiveness through more efficient utilization of the human factor in health care. Work with clinics to determine patient populations needs, to develop strategies to improve quality of care and decrease cost through programs for specific disease groups and for the group of patients in the upper percentiles of health care utilization.

Examples:

Consultant for the Centre for Rural and Remote Health, Flinders University School of Medicine and Charles Darwin University School of Medicine, Alice Springs, Australia, 1 week annually since 2018. Through Coyote Institute, I provided 2 weeks of consulting each year for 5 years to the Gippsland, Victoria (Australia) aboriginal community regarding the incorporation of their own culture into the health services they provide. This was funded by a grant from the government of Australia from 2009 through 2014.

Consultation regarding patients using the Emergency room with the highest frequency. Through provision of relaxation training, a support group, and teaching stress reduction skills, these persons were able to greatly reduce their emergency room utilization.

Consultation to a group of alternative birth centers losing money through patient transfers to high-risk labor and delivery units before and during labor. Developed a program of prenatal education, stress

reduction, labor visualization, and support groups which decreased hospital transfer and increased birth center income.

Development of a program for an asthma clinic for their difficult asthmatics which included stress management training, biofeedback, group therapy, and hypnosis. Cost of care improved along with a decrease in hospitalization and emergency room utilization.

Consultation to Indian Health Service facilities on how to integrate traditional Indian medicine practitioners into their service component.

I consulted to the U.S. Army on their psychopharmacology training program to teach clinical psychologists how to prescribe medications within Federal facilities (2009-2010).